USEFUL CONTACTS:

Boots 50-51 Market PI, Wantage OX12 8AW -

Tel: 01235 765227

Bretts Pharmacy 11-12 Millbrook Square Grove OX12 7JZ

Tel: 01235 763941

Cleggs Pharmacy 3, Kings Walk, Wantage, OX12 9AJ,

Tel: 01235 763046

Lloyds Pharmacy New Health Centre Mably Way. OX12 9BN.

Tel: 01235 763028



Oxfordshire Community Pharmacy Hero Awards 2022

Pharmacy Thames Valley has launched its Community Pharmacy Hero Awards 2002 to help highlight the hard work and dedication that community pharmacies in Oxfordshire have shown over the last 12 months. To nominate an Oxfordshire community pharmacy team, or a particular individual within it, complete this entry form by 31st March.

<u>AND FINALLY</u>please get in touch by emailing the PPG at <u>churchstreetppg@gmail.com</u>. Alternatively, suggestions may be handed in at reception or dropped into the PPG comment box in the waiting room. We look forward to hearing from you. If you would like a copy this newsletter or future newsletters emailed to you please let us know via churchstreetppg@gmail.com.



Don't forget you can keep up-to-date with all the latest news from the practice on our Facebook page! Please search for Wantage Church Street Practice and follow us.



Church Street Practice Patient Participation Group

Newsletter

Number 2

March/April 2022

Hello and welcome,

As we move towards Spring hopefully the potential for better weather will cheer us up after the recent storms. This newsletter is briefer than last month's because we will be issuing a joint newsletter with Newbury Street Practice later in the month introducing you to the Primary Care Network - The PCN is a network between the two Wantage practices allowing them to share people and resources including a Pharmacist, Social Prescriber and recently a Mental Health Practitioner and a Health and Wellbeing Coach - more in the joint newsletter.

If, like me, you have recently tested positive for the dreaded Covid can I urge you (**if you are invited**) to take part in the various research programs that are taking place so we can find ways that we can 'learn to live with it.' Whilst restrictions have been removed in England and people with Covid are not legally required to self-isolate, guidance recommends that those who test positive stay at home and avoid contact with others for at least five full days – thank goodness for online shopping! In all seriousness – keep safe and, if you haven't already done so, get vaccinated.

This newsletter contains details of various opportunities for you to get your voice heard about matters that are important to you ...but be aware, the various deadlines for responding are fast approaching so please take the time to take part in the consultations.

Best wishes,

Annie Dee: Editor

Sue Hannon: PPG Chair Greta Thornbory: Secretary

PRACTICE NEWS UPDATE:

- Health Centre Extension still in Consultation and the date for Planning Consent is 4th March 2022. Once planning has been agreed it should be possible to mobilise the contractors within 6-8 weeks, with a build time of between 12-18 months. There will be a need to keep both Practices running during the build so there will be some disruption and sharing of areas – we apologise in advance and will keep you updated.
- We have a new GP starting in May, who will work 2 days a week – details to follow.
- Patients who have a Nurses' appointment can come into the waiting room; however, patients who have a GP appointment are asked to still wait in their cars due to shortage of space in the waiting room.





Have your say on our SEND proposals by Thursday 10 March. Let us know your views on our proposals for support for children with special educational needs and disabilities (SEND) in Oxfordshire. Have your say and find out more

letstalk.oxfordshire.gov.uk/SEND-2022

TEXT LINES ARE OPEN FOR PARENTS AND YOUNG PEOPLE TO 'CHAT HEALTH'

Parents and young people in Oxfordshire can now text Oxford Health NHS Foundation Trust health visitors and school health nurses for advice and support. Experienced local public health nurses will be on hand to respond to texts between 9am and 5pm on weekdays. Read more about this on Oxford Health's website.

INVITATION: DISCUSSION GROUP ABOUT DEMENTIA RESEARCH

Are you living with dementia or memory problems? If so, you are invited to join an online discussion group on Tuesday 8th March from 2-3pm to give your views about dementia research. This event is being organised by NIHR Clinical Research Network Thames Valley and South Midlands, which supports the delivery of research in the NHS. Find out more on our website.

Priority: [5] 413 2 1

OLDER DRIVERS FORUM HIGHWAY CODE WEBINARS

In March, the Older Driver's Forum will be carrying out online webinars about the recent changes to the Highway Code.

Do you know what the changes are?

Do you have questions about the changes?

Alongside speakers from various agencies, PC Liz Johnson, of the Road Safety Team will be on the panel to answer your questions. These webinars are scheduled for: **Thursday 10 March at 2pm & Monday 14 March at 7pm**

To register for a place, please visit the Older Drivers Forum website at https://olderdriversforum.com/webinars/

SPECIAL DATES FOR MARCH AND APRIL

9 March National No Smoking Day

21-27 March Neurodiversity Celebration Week

(Just in case you didn't know ... being neurodiverse means that your brain is wired differently. It means you think and learn in a different way to other people and there's nothing wrong with that.)

18 March World Sleep Day

20 March International Day of Happiness

27 March Mothering Sunday7 April World Health Day

11-17 April Parkinson's Awareness Week

18-24 April MS Awareness Week

In addition, throughout April is Stress Awareness Month; IBS Awareness Month and Testicular Cancer Awareness Month.