

JOINT NEWSLETTER

Number 1 Autumn 2018



**Newbury Street Practice
Patient Participation
Group**



**Church Street Practice
Patient Participation
Group**



Welcome to the first joint newsletter from the Church Street and Newbury Street Patient Participation Groups. We thought it would be an opportunity to provide information which affects all patients regardless of the surgery they are registered with.

The two PPGs held joint committee meetings in July and September to discuss items of common interest and we try to have a member of each committee represented at the other group's committee meeting.

Please let us know if there is anything you would like to be discussed. Contact details are on last page.

ANNUAL GENERAL MEETINGS

CHURCH STREET OPEN MEETING and AGM will be held on Tuesday 13 November at 7.00 pm in the Church Street Practice waiting room

Open Meeting: First Aid and Emergency Care

We are pleased to announce that we have arranged for presentations from a GP to discuss emergency care, a first responder to discuss their role and a defibrillator demonstration from a first aid expert.

NEWBURY STREET OPEN MEETING and AGM will be held on Thursday 8 November at 7.00 pm in the Wantage Methodist Church Hall

Open Meeting: There will be a talk from Catherine Bulpitt on the role of nurses within the Practice, along with an update on the progress of the Heath Centre by Dr Rhodri Davies. Refreshments will be served.

Both open meetings will be followed by the PPG (Patient Participation Group) AGMs when the new committee will be elected.

Both practices value and rely on its PPG so please think about joining the committee to help support and promote the practice.

Building Expansion Update

We are pleased to report that discussions are well advanced with the OCCG about providing an extension for primary care services at the Health Centre. Our Landlord, Assura, is being very supportive and currently we are awaiting the District Valuer response to the proposal they have put forward. Both practices are working closely together to ensure that the growing population demands for Wantage and the surrounding areas are met. We hope to be able to provide more information later this year.



From October both practices will be offering appointments with Oxfordshire Mind Wellbeing Workers. Patients will be referred by their GP and MIND will be able to offer up to six one-to-one sessions with patients who may be experiencing mental health issues or other social or lifestyle issues that are impacting on their wellbeing. Wellbeing workers will work in a non-clinical person-centred way to encourage and enable patients to link in with existing support services, use the support available in their local community and develop tools to increase their ability to manage their own wellbeing.



WANTAGE INDEPENDENT ADVICE CENTRE SEEKS NEW VOLUNTEERS

There's plenty to do at Wantage Independent Advice Centre, and they're currently looking for more people to help out. The Centre, based in the Market Place in central Wantage, has services across the Vale of White Horse, and describes itself as "in the Vale, for the Vale."

The Advice Centre (nicknamed 'WIAC') provides advice and support for local people on topics ranging from housing and debt advice to family advice and benefits support. The advisors, trained up once they are recruited to provide a high level of well-informed support, are all volunteers, and WIAC is currently on the lookout for new recruits.

The Advice Centre is also looking for new trustees, including a new Chair. The trustees are the volunteers managing the overall direction of the charity, working together as a board to ensure WIAC achieves its aims. There are no specific skills requirements for trustees, though leadership experience in those interested in the Chair role is desirable. Volunteers interested in board volunteering should also contact the Advice Centre.

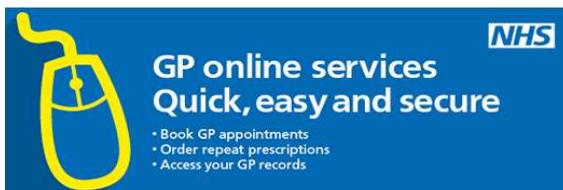
To get involved as a volunteer, contact Wantage Independent Advice Centre on recruitment@wantageadvice.org.uk or 01235 765348.

STAY WELL THIS WINTER

As you may already be aware, this year the flu vaccination programme has been changed. There are different vaccines for patients age 65 and over and for eligible patients aged 64 and under.

More details can be found in each surgery along with information about clinics and appointment booking.





Did you know you can sign up to GP online services to:

- book or cancel appointments
- order repeat prescriptions
- access your GP record, including information about medication, allergies, vaccinations, previous illnesses and test results, as well as clinical correspondence

Please contact your surgery for further information on how to sign up to this service.



Important, please remember that we have changed our day to the first Tuesday in every other month.

On October 2nd Alison Ions visited us for a very interesting talk about nutrition and diabetes. Dec. 4th will be one of our lively friendly discussions, “Laughter is the best medicine” bring along anecdotes especially those connected with diabetes (we have a little Christmas treat!)

Any patient, of Church or Newbury Street practices, their friends and family are very welcome. The formal part of the meeting usually takes about an hour, followed by refreshments and chats!

Please feel free to contact me for further information.

Jean Sutherland 01235 868396

Church Street Practice News

We have welcomed a number of new staff to the practice recently:

Dr Cathy Scott – GP working Wednesday and Friday;
Dr Mel Shaw – GP working Tuesday, Wednesday, Thursday
Dr Matt Perrium – locum GP
Amy Tandy - Minor Illness Nurse
Sarah Bird – Emergency Care Practitioner
Chloe Hedges and Rachael Pullen – Medical Secretaries
Sam Hedges – Patient Adviser

And we said goodbye and good luck to Dr Zaid Al-Nakeeb who left to work in Australia.

Appointments

When you contact the surgery to make an appointment you will be asked by the Patient Adviser as to the reason for the appointment. This will be for all appointments, whether on the day or pre-bookable. This helps us signpost you to the most appropriate clinician and appointment type.

Newbury Street Practice News

We have had a change to our Senior Partner, Dr Shackleton has now reverted to the role of 'partner' and the new joint senior partners are Dr Heavens and Dr Davies.

Dr Brice has now returned from her maternity leave

We have welcomed a number of new staff to the practice recently: June Sugden who joins us as a Medical Secretary/Administrator.

Gail Wells has changed her role and will now be working as the lead for our IT but retains her position as communications lead.

Healthcare Navigator

Brenda Shaw is the healthcare navigator for Newbury street practice. She is here to help patients and families with many different needs associated with the health care system. She can provide patients and families with information personalised to them and their current needs.

The practice clinical staff invite the patients they feel can be helped by using this service. Currently Brenda is helping dementia patients and supporting patients with learning difficulties and autism.



Please remember not to park at the front of the health centre. This area is for buses and emergency vehicles **ONLY**. There are disabled parking bays at the back of the health centre on both Church Street and Newbury Street sides.



Have your details changed?

It is important that your surgery has up to date contact details for you. Please check they are correct the next time you contact us.



It is important that you inform us in writing of any person that you consent to share your medical information with, from collecting prescriptions or letters to talking to the GP on your behalf. In line with GDPR guidelines we are unable to share information with anyone else unless we have written consent on your medical record, please ask at reception for a form.

The editors thank everyone who has contributed to this Newsletter which is prepared and compiled by and on behalf of the patients of Church Street and Newbury Street Practices.

Suggestions, letters, articles and ideas are always welcome; this is your newsletter we would like to know your views.

Contacts:

Church Street PPG

Jean (editor) 868396 mjsuth34@gmail.com (editor)
Christine Lisi (chair) 769457 cwlisi@talk21.com
CSPPG email churchstreetppg@gmail.com
Practice website (includes PPG Information)
www.wantagechurchstreet.co.uk

Please also use the PPG suggestion box in the waiting room. Any patient who wishes to attend a committee meeting please contact the chair, Christine Lisi or the PPG email as above, you will be very welcome.



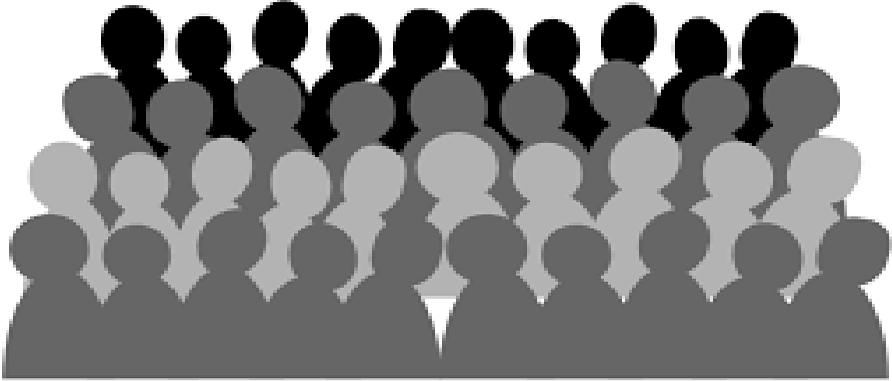
Newbury Street PPG

Sandie Helm (secretary) 07798 555513
NSPPG email NSPG@Wantage.com
Practice website (includes PPG Information)
www.Newburystreetpractice.co.uk

Or pass any correspondence to Reception for the attention of NSPG. Any patient who wishes to attend a committee meeting please contact the Secretary, Sandie Helm as above to arrange a visit.

If you don't wish to keep this newsletter please pass it on.

YOUR SURGERY NEEDS YOU!



Have you ever thought about joining our Patient Participation Group?

What is a Patient Participation Group?

Patient Participation Groups (PPGs) are run by volunteer patients to help strengthen the relationship between practices and their patients. The PPG contribute ideas, feedback and suggestions directly to your practice.

Could I be part of it?

Please tell us if you are interested in taking part. We want the group to represent young and old, people with chronic illnesses, people whose first language is not English. You might be just the person.

How do I join or find out more details?

Please see page 10 for contact details for the PPG for your surgery.

What if I have something to say, but I don't want to be part of the Group?

Please pop it into the suggestions box on reception.

don't let the
FLU
catch you!

Protect yourself and your family



Book Now